



MEDIA RELEASE

Lady Bandits continue to build for season 2014

The Albury/Wodonga Commercial Club Bandits Coaching Staff and Board would like to announce the re-signing of **Rachel Maenpaa** and the signing of **Lauren Angel** for the 2014 SEABL season.

The club takes great pleasure in announcing that Rachel will return for the 2014 season. Rachel is one of the most versatile players in the league when she is fit and well, and the club believes she is committed to the cause of continuing to build on the foundations of last year.

The club also takes great pleasure in announcing the signing of 6"3 Lauren Angel for the 2014 season. Lauren spent 4 years at Portland University, starting all 4 years and Captain for the final two years of her career. Upon returning from America Lauren played in the QBL league for Brisbane Capitals. In 2011 she played few games for the Canberra Capitals. Before Lauren went to University, she was a key member of the NSW under 18 Country team that won the National Championships. In 2005 Lauren competed in the Youth Olympics for Australia in Sydney.

"For the ladies program this is a significant boost and helps us continue to build and compete in the league. To get Rachel to re-sign certainly is a vote of confidence that she believes in the vision we have as a team. Prior to her injury I think she proved she is one of most versatile players in the league. Certainly she has worked hard in the off season to get herself 100% fit and back in shape, and she is looking forward to being back with the team and playing her role to make this team successful." Commercial Club Lady Bandits Head Coach James Ballinger said.

"Being able to secure another quality big in Lauren is significant for the club; she has great touch around the basket, ability to hit the midrange jump shot and really gives us the physical presence inside that was missing last year. Also with her experience at the higher levels she brings great leadership to the group and holds everyone accountable".

Both players will train tonight for the first time with the team. "With Rachel living here it certainly helps us with our pre-season preparations. Lauren is still working in Canberra but will try and get down here as often as she can for trainings, we anticipate having her moved here by the end of February to early March".

With regards to other signings Ballinger said he was talking to several players and in the process of determining if they were the right fit for the club and would strengthen the team in other areas.

Dated: 28 January 2014

For further information, contact James Ballinger 0499 015 101



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